

PROGRAMME OVERVIEW

The 12-week leadership programme is designed to cultivate and develop essential leadership qualities in students, focusing on the principles of Leadership, Integrity, Faith, and Excellence. Each week will delve into a key concept, building a strong foundation for students to not only lead others but first govern themselves, embody integrity in their actions, exercise faith in their lives, and strive for excellence in everything they do. The programme is structured to be interactive, with practical activities, group discussions, and reflective exercises to reinforce learning and application.

KEY CONCEPTS:

Leadership – Governing Others by First Governing Oneself

- **Week 1-3:**

- a. **Leadership is Governing Oneself:** Students will learn the importance of self-discipline, self-awareness, and personal accountability as the foundation of leadership.
- b. **Leadership Serves and Benefits Others:** Students will explore how true leadership is about serving others and contributing positively to the community.
- c. **Leadership Starts by Being Under Authority:** Students will understand the importance of respect for authority and how it shapes effective leadership.

Integrity – Having the Right Heart in Doing the Right Thing

- **Week 4-6:**

- a. **Integrity Starts from the Heart:** Students will reflect on the importance of having a pure heart and good intentions as the basis for ethical behavior.
- b. **Integrity Results in Action:** Students will be guided on how to translate their values into consistent and honest actions.
- c. **Integrity Will Be Tested:** Students will engage in scenarios where their integrity will be challenged, helping them to build resilience and moral strength.

Faith – Being Confident About What We Expect and Exercising That Confidence

- **Week 7-8:**

- a. **We All Have Faith:** Students will explore the concept of faith, identifying what they believe in and how these beliefs shape their worldview.
- b. **Faith Affects the Way We Live:** Students will examine how faith influences their decisions, actions, and approach to life's challenges.



KEY CONCEPTS:

Excellence – A Quality Above the Ordinary

- **Week 9-12:**

- a. **Excellence Means Giving Your Best:** Students will be encouraged to strive for personal excellence in all areas of their lives.
- b. **Excellence is Beyond Standard:** Students will learn that excellence is not about meeting the minimum requirements but exceeding expectations.
- c. **Excellence Will Be Rewarded:** The programme will culminate in recognizing and celebrating the efforts and achievements of students who have demonstrated excellence.

GOALS OF THE PROGRAMME

- **Self-Governance:** Empower students to take control of their own actions, decisions, and responsibilities.
- **Service-Oriented Leadership:** Instill a mindset of leadership that is focused on serving others and contributing positively to society.
- **Ethical Integrity:** Foster a strong sense of integrity, encouraging students to always do the right thing, even when it's difficult.
- **Faith and Confidence:** Build students' confidence in their beliefs and help them to live in a way that reflects those beliefs.
- **Striving for Excellence:** Encourage students to pursue excellence in all endeavors, understanding that excellence is a journey, not just a destination.

ACTIVITY FUNCTIONS:

Weekly sessions will include a mix of lectures, group discussions, role-playing scenarios, and practical exercises that reinforce the concepts being taught.

GOALS

Each week aims to solidify a key leadership principle, with the end goal being the development of well-rounded leaders who can govern themselves and positively influence others.

MEASURES

Student progress will be assessed through participation, reflection journals, group projects, and a final presentation that demonstrates their understanding and application of the leadership principles.

OUTCOMES

By the end of the programme, students will have a solid understanding of what it means to be a leader, how to live with integrity, the role of faith in leadership, and the pursuit of excellence. They will be equipped with the skills and mindset needed to lead themselves and others effectively.